

I SCREAM FOR ICE CREAM BICYCLE RIDE

SUNDAY, JULY 13, 2008 • REGISTRATION 7:30 - 9:00 AM

Features:

Beautiful ride through the country with a stop at Annie's Frozen Custard where riders receive a discount on their favorite frozen treats. The routes are on roads and portions of Madison County Transit Trails.

Start: The Cyclery and Fitness Center
2472 Troy Rd. (IL-159), Edwardsville, IL 62025

Routes: 23, 35, or 44 miles

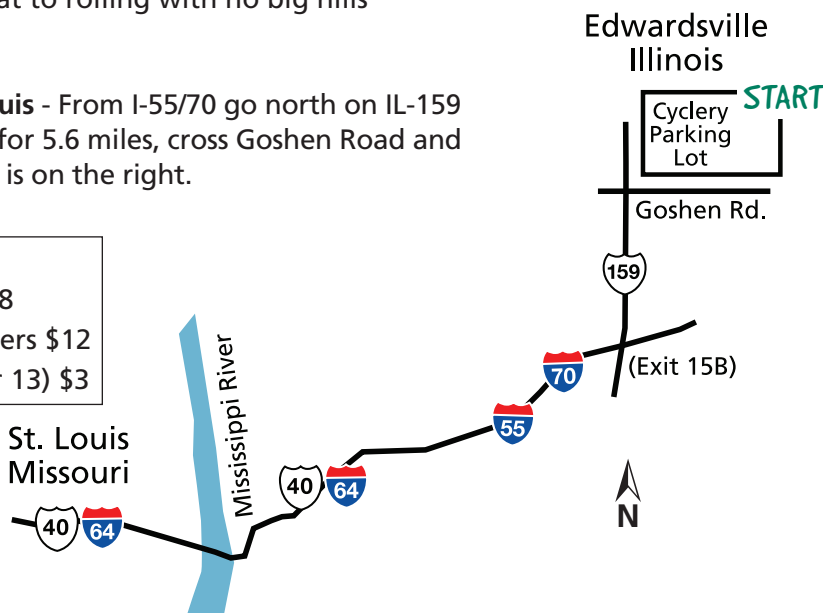
Terrain: Flat to rolling with no big hills

Directions:

From St. Louis - From I-55/70 go north on IL-159 (exit #15B) for 5.6 miles, cross Goshen Road and The Cyclery is on the right.

Fees:

Members \$8
Non-members \$12
Kids (under 13) \$3



Warning:

Being hydrated prior to all Trailnet events is essential as well as bringing water to the event and having the appropriate water bottle and hardware for your bicycle.

Sponsored by:



www.thecyclerys.com

SUPERSTORE EDWARDSVILLE, IL 2472 Hwy 159 618-692-0070	OUTLET STORE CENTRALIA, IL 114 S. Poplar 618-532-2453
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Stop in for a
\$3 off coupon
(while supplies last)

Contact:

For more information on this or other rides visit www.trailnet.org or call 314/416-9930

For a FREE calendar of bike rides visit your local bike shop



For more information on promoting active living visit www.trailnet.org