



PRESS RELEASE
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St. Louis Region Celebrates National Bike Month

Activities and events in May highlight cycling

May is National Bike Month, and Greater St. Louis, Inc., Metro Transit, Trailnet and Washington University in St. Louis have partnered to celebrate biking and to highlight the many benefits for recreation, fitness, transportation and more. Several events are planned in May to promote biking and alternative transportation – and encourage more people to give biking a try.

"Streets that are safe for bikes are streets that are safe for all," said Cindy Mense, CEO of Trailnet. "When folks in our communities feel comfortable and happy riding a bike in their neighborhoods, our region becomes more vibrant as a whole. That's the vision we champion, and the lifestyle that we celebrate, every May during National Bike Month."

National Bike Month Events

Today through May 5, area residents can take the pledge to bike to work on National Bike to Work Day on May 19 or another day of their choosing, and receive a free Metro Transit Day Pass (while supplies last) to help make their bike commutes into work easier. The pledge form can be found at trailnet.org/bike-month. Participants can also enter to win one of five Metro Transit July Metro Monthly Passes.

On Wednesday, May 10, at 6 p.m. the public is invited to Central Library in downtown St. Louis (1301 Olive) for a free evening showing and discussion of *The Street Project* documentary, a story on the global, citizen-led fight for safer streets.

On Saturday, May 13, from 9 a.m. to noon, downtown St. Louis will welcome cyclists from throughout the region for a free, family-friendly downtown bike ride. Information booths, and more will be available after the bike ride.

Friday, May 19 is National Bike to Work Day. From 7 a.m. to 8:30 a.m. on National Bike to Work Day, bike commuters can visit one of several area hospitality stations for free coffee and pastries, as well as a custom "I Biked to Work" sticker they can wear with pride. Cyclists can find hospitality stations at the Forest Park-DeBaliviere, Cortex and Civic Center MetroLink Stations; at Kaldi's Coffee on S. Kirkwood Road in Kirkwood and in Clayton on Demun Avenue; and [other locations throughout the region](#).

Commuters combining their bikes with MetroLink and/or MetroBus for their trips can learn more about how to easily load their bikes onto buses and trains by visiting metroslouis.org/bike-and-ride.

"Bikes are an important part of our regional transportation network, and National Bike Month is the perfect time to find out what a convenient, effective and fun transportation option cycling is," said Charles Stewart, Chief Operating Officer of Metro Transit. "In combination with safe streets, trails, and bikeways, or by bringing your bike onboard one of our buses or trains, you can reach nearly any destination in the bi-state area."

For more information, contact:

Jerry Vallely, Metro Transit, jmvallely@bistatedev.org, 314-982-1458

Justin Seaton, Trailnet, justin@trailnet.org

About Metro Transit

Metro Transit operates the St. Louis region's main public transportation system, which includes 24 battery electric buses and more than 260 clean-burning diesel buses that serve 59 MetroBus routes in eastern Missouri and southwestern Illinois. Metro also operates MetroLink light rail vehicles on 46 miles of track serving 38 stations in the two-state area, and operates Metro Call-A-Ride, a paratransit fleet of 123 vans. Metro Transit is a Bi-State Development enterprise.

About Trailnet

Trailnet is a 501c3 nonprofit based in St. Louis, Missouri, and is the region's voice for better biking and walking. Trailnet's mission is to foster healthy, active, and vibrant communities where bicycling, walking and the use of public transit are a way of life. Trailnet's work integrates public policy, urban planning, public health, and community organizing into strategic initiatives that enhance the quality of life for all, regardless of their race, zip code, age, or ability.

About Greater St. Louis, Inc.

Greater St. Louis, Inc. brings together business and civic leaders to create jobs, expand inclusive economic growth, and improve St. Louis' global competitiveness. We speak with a unified voice, lead with a bold agenda, and act as one metro anchored by a vibrant urban core.

About Washington University in St. Louis

Washington University in St. Louis is counted among the world's leaders in teaching, research, patient care and service to society. The university draws students to St. Louis from more than 100 countries and all 50 states, the District of Columbia, Guam, Puerto Rico and the Northern Mariana Islands. The total student body is more than 15,000 undergraduate, graduate and professional students.