



**Saturday, September 9**

**5K Run/Walk, 8-15-30 Mile Ride**

Valle Parking Lot | 305 Merchant Street, Ste. Genevieve | 7:30a Registration

**Join us for the Friends Foundation Ride to Survive  
Changing Lives – One Ride at a Time**

**REGISTRATION**

- Participate as an individual. Entry fee for Individuals is \$30
- Register online at:  
**2023Ride.givesmart.com** or click on black QR code at the right.
- Sponsor the event.



**Friends Foundation** | 800 Ste. Genevieve Dr., Ste. Genevieve, MO 63670  
Stacey Koeller | (573)883.7725 | skoeller@sgcmh.org



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