



NEWS RELEASE

St. Louis Region Celebrates National Bike to Work Day on May 17

[ST. LOUIS, MO/May 13, 2024] May 17 is **National Bike to Work Day**, the perfect occasion to see how the many benefits of biking can be a part of your regular work commute. Metro Transit, Trailnet, Great Rivers Greenway, and Washington University in St. Louis have partnered to host “bike hospitality stations” at five MetroLink stations on National Bike to Work Day to support cyclists celebrating the holiday, promote biking and alternative transportation, and encourage more people to give biking a try.

“Our streets are for you. You deserve safe, convenient, affordable, environmentally sustainable and fun options for your commute. That might mean biking, walking, scooting, or catching a bus or MetroLink,” said Cindy Mense, CEO of Trailnet. “Every May during National Bike Month, we celebrate biking as an important part of that equation, while continuing to advocate for streets that are safe for everyone. ”

On Friday, May 17, from 7 a.m. to 8:30 a.m., bike commuters can visit any of five area hospitality stations located at the Clayton, Skinker, Forest Park-DeBaliviere, Cortex and Stadium MetroLink Stations. Visitors will be able to enjoy free coffee, fruits, snacks and other refreshments, as well as a custom “I Biked to Work” sticker they can wear with pride. Cyclists can also receive a free Metro Transit Day Pass while supplies last, other giveaways and cycling information.

Combining your bike with MetroLink and/or MetroBus is a great way to extend the reach of the transit system and make your commutes quicker and more convenient. All MetroLink trains have designated areas for commuters to store their bikes during their train trips, and commuters can also store their bikes on special bike racks attached to the front of all Metro buses. Transit customers can learn more about how to easily load their bikes onto buses and trains by visiting MetroStLouis.org/Bike-and-Ride.

“Our region enjoys an integrated transportation network with trails and greenways, bike paths and walkways, safe streets, buses, trains, and more. Combining different elements of this network is one of the best ways to travel around town,” said Charles Stewart, Chief Operating Officer of Metro Transit. “National Bike to Work Day is the perfect excuse to stop procrastinating, get on your bike and see how you can incorporate cycling into your daily routine and enjoy more convenient, enjoyable and healthier commuting.”

For more information:

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Metro Transit

Metro Transit operates the St. Louis region’s main public transportation system, which includes 24 battery electric buses and 237 clean-burning diesel buses that serve 59 MetroBus routes in eastern Missouri and southwestern Illinois. Metro also operates MetroLink light rail vehicles on 46 miles of track serving 38 stations in the two-state area, and operates Metro Call-A-Ride, a paratransit fleet of 123 vans. Metro Transit is a Bi-State Development enterprise.

Trailnet

Trailnet is a 501c3 nonprofit based in St. Louis, Missouri, and is the region’s voice for better biking and walking. Trailnet’s mission is to foster healthy, active, and vibrant communities where bicycling, walking and the use of public transit are a way of life. Trailnet’s work integrates public policy, urban planning, public health, and community organizing into strategic initiatives that enhance the quality of life for all, regardless of their race, zip code, age, or ability.

Great Rivers Greenway

Great Rivers Greenway is a public agency, created by a vote of the people in St. Louis City, St. Louis County and St. Charles County in the year 2000 to create a sales tax dedicated to connecting the region with greenways. The mission is to make the St. Louis region a more vibrant place to live, work and play by developing a network of greenways with partners and communities, enhancing healthy habitats and watersheds along the way. Whether you walk, run, ride a bike, roll a wheelchair or push a stroller, there are 135 miles of greenways and counting for you to explore and enjoy! GreatRiversGreenway.org

Washington University in St. Louis

Washington University in St. Louis is counted among the world's leaders in teaching, research, patient care and service to society. The university draws students to St. Louis from more than 100 countries and all 50 states, the District of Columbia, Guam, Puerto Rico and the Northern Mariana Islands. The total student body is more than 15,000 undergraduate, graduate and professional students.